

LAS VEGAS ELEMENTS FUNDAMENTALS



WHAT TO EXPECT

Practices | Attendance | Skills

Practice will be held every Tuesday from 6:00pm-7:00pm beginning on February 11, 2025.

Each practice will focus on a new motion, jump, or stunting skill or combination of skills.

Attendance at each practice is crucial as the skills learned each week will form the routine.

Performance | Showcase | Send Off

Our FUN 10-Week session will end with a routine performance alongside of our All Star and All Star Prep Teams as they perform for the last time before their final competition of the season.

All athletes will wear their LVE FUNdamental shirt and black shorts. Hair should be in a high ponytail.

IMPORTANT DATES

Practice | Meeting | Performance

February 11th- 1st Practice! 6:00pm-7:00pm

February 18th- Parent meeting 7:00pm

Approximately: April 26th- Showcase Performance
6:00pm

WHAT WE NEED

- Completed LVE Registration Form
- Completed LVE Policies
- Signed FUNdamentals Expectations
- Athlete Birth Certificate
- Registration Fee
- Session Fee



admin@lasvegaselements.com



702-791-0055



@lasvegaselements



@lasvegaselements

FIRST
MASTER
THE
FUNDAMENTALS

-Larry Bird-

LAS VEGAS ELEMENTS FUNDAMENTALS

EXPECTATIONS

General

- Attendance is crucial to team success. An "Absent request" form must be filled out prior to the missed practice. If the absence is unexpected, the gym or coach must be notified by email or phone call prior to the practice time.
- Practice time will be used effectively, without unnecessary conversation or horseplay.
- Parents and athletes are expected to set a positive example whether in or out of uniform. This includes in person, on the telephone and on the computer (this includes the internet and phone messaging). Negative comments on Facebook, Twitter, Instagram, GroupMe, message boards or the like will not be tolerated.
- Respect toward LVE staff members, teammates, and parents, is an expectation for the entire LVE family.

Gym Etiquette

- All parents/spectators should remain in the viewing/waiting area NOT in the lobby or gym during practices. Please refrain from "coaching", talking to or otherwise distracting athletes or coaches during practices. If parents wish to bring younger siblings to watch, please make sure they are under your constant supervision and are not being excessively noisy or distracting to other spectators or anyone in the main gym.
- Except when invited, only athletes and coaches are allowed in the gym area. For the safety of everyone involved, please remain in the viewing area and do NOT allow small children to play anywhere on or beyond the viewing room wall. Small children waiting in the viewing area, lobby, or other areas must be within arm's reach of their parent or guardian.
- Parents who are excessively negative, derogatory, loud, overbearing, or distracting will be barred from the gym and/or have their athlete permanently removed from our program.
- Any questions or concerns should be directed to an appropriate LVE Staff member.

Communication

- It is the responsibility of the parent to check their email frequently, as email is the main source of communication between LVE staff and members. Information is also available at the front desk in paper form.
- All LVE updates and monthly invoices will be sent by email to the address provided on the LVE registration form.
- All athletes are expected to communicate any problems to their team coach. LVE will address such problems with the athlete. If a problem cannot be solved, then a parent will be contacted.
- All parents are expected to communicate any problems directly to their athlete's team coach via email or scheduled conference.
- All financial questions should be emailed to admin@lasvegaselements.com and if appropriate a conference with a manager may be scheduled.

Injury and Medication

- Any/all medical conditions and/or medications must be reported to the team coach and LVE.
- Athletes who require the use of an inhaler must have it available at all practices.
- All injuries must be reported to a coach or staff member immediately.
- Injuries that prevent an athlete from participating in practice do not excuse them from attending practice, unless the injury prevents attendance through doctor's orders.
- Upon returning from an injury/illness, athletes are required to provide a signed doctor's release stating they are cleared for participation in practice.

Parent/Guardian Signature _____ Date _____